

Wavlink Activity Guide

Term 2 2024

About Us

Wavlink is based in Glen Waverley in the City of Monash, on the traditional lands of the Wurundjeri Woi Wurrung and Bunurong People. We recognise their continuing connection to this land and its waterways and share our respects to their people, past, present and emerging.

Wavlink is a warm, and welcoming Neighbourhood House and has been an important part of the community for more than 40 years.

Offering group activities that for adults with a disability or other support needs. With a focus on building capacity, confidence and community connection. We also run a calendar of community events for people of all abilities, and cultural backgrounds aimed at promoting inclusion and celebrating diversity.

Our team of dedicated tutors deliver creative, skills development and social programs that are person centered to meet the individual interests, needs and goals of our participants.

We do not provide individual support or complex care but if needed we can assist with information or referral to other local services. In some cases participants may attend with an independent support worker of their choice. This is subject to capacity.

Wavlink is a registered NDIS provider and is also supported by both State and Local government to provide accessible activities to eligible people.

As a registered charity we also rely on the generosity of donors. Funds raised enable us to maintain a high standard of service and deliver additional community strengthening activities that would not otherwise be possible.

For information about fees, funding eligibility, enrolling in a class, volunteering, donating or getting involved in our community activities please contact us.

☎ 03) 9561 7104 ✉ info@wavlink.org.au 🌐 www.wavlink.org.au
📍 36 Myrtle St, Glen Waverley, 3150 📷 📘



Community Partners



Weekly Programs

Craft & Chat/Crafty

Creation : A relaxed social group sharing morning tea and a chat while working on various craft projects.



Monday

9.30am-12.30pm

Saturday

10.00am-12.30pm

*Activity Fee **\$55**
per Term

Hey Hey its Monday

(Online): Express yourself! Sing, Dance, Act, learn about music and theatre in a group via zoom.



Monday

10.30am-12.00pm

*Activity Fee
FREE

Make and Bake:

Enjoy making and decorating cookies, cupcakes and other goodies.



Monday

9.30pm-12.30pm

*Activity Fee \$80
per Term

Out & About

Explore, galleries, restaurants, movies bowling and other recreational activities and places of interest.



Monday

9.30pm-1.30pm

*Activity Fee
\$200
per Term

Mosaics: Make friends while you design and create Mosaic art from glass and ceramic tiles.



Monday

1.30pm-3.30pm

*Activity Fee
\$95.00
per Term

Garden Social: Nurture and cultivate plants and work on a variety of indoor and outdoor garden and craft activities.



Tuesday

9.30am-12.30pm

*Activity Fee
\$55.00
per Term

Ceramics: Create ceramic masterpieces from clay. Shaping, glazing and firing to produce unique works of art..



Tuesday

9.30am-12.30pm

Wednesday

9.30am-12.30pm

Thursday

9.30am - 12.30pm

*Activity Fee
\$95.00
per Term

Independent Living:

Learn and gain confidence in daily living activities including money handling, public transport, household management, self care and interpersonal skills.

**Tuesday**

1.30pm - 3.30pm

***Activity Fee
\$25 per Term**

Print and Paint: A free expression to design and craft unique paper using ink, acrylic and other mediums .

**Tuesday**

1.30pm-3.30pm

***Activity Fee
\$55 per Term**

Literacy: Practise basic everyday literacy and numeracy through fun hands on activities and games.

**Wednesday**

1.30pm-3.30pm

***Activity Fee
\$25 per Term**

Tech Skills: Practice basic digital technology skills including internet, email, MS Office. Weekly classes or individual tuition by appointment.

**Monday**

1.30pm-3.30pm

***Activity Fee
\$25 per Term****Wednesday**

1.30pm - 3.30pm

Thursday

9.30am- 12.30pm

Cooking: Enjoy cooking and experiencing foods from around the World. Learn about food safety, prep skills and menu planning

**Wed, Thu & Fri**9.30am -12.30pm,
4.30pm - 6.30pm,**Thursday**

4.00pm - 6.00pm,

Saturday

10.00am-12.30pm

***Activity Fee
\$175 per term**

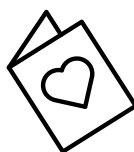
ILS Kitchen Skills: Learn to prepare and cook simple meals, includes kitchen safety, terminology and nutrition.

**Tuesday**

9.30am-12.30pm





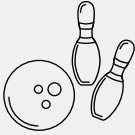

***Activity Fee
\$175 per Term**

Cardmaking: Working with paper, stamps, pens, stencils and discover many different cardmaking styles.

**Wednesday**

1.30pm-3.30pm

***Activity Fee
\$55 per term**

| | | | |
|---|---|------------------------------------|---|
| Textiles: Enjoy a variety of fabric crafts from applique to fabric painting. |  | Thursday 1.30pm-3.30pm | *Activity Fee \$50 per term |
| Art: Explore different mediums and styles of art such as cubism, abstract, pop art and different cultural arts. |  | Thursday 1.30pm-3.30pm | *Activity Fee \$65 per term |
| Nature Lovers : Enjoy activities based around nature and sustainability. |  | Friday 9.30am-12.30pm | *Activity Fee \$40 per term |
| Jewellery: A social group where beginners explore the different techniques like beading, threading, knotting and more. |  | Friday 9.30am-12.30pm | *Activity Fee \$75 per term |
| Friday Fun: Make friends while having fun. With weekly outings and activities including group games, bowling, karaoke, dance, movies and more. |  | Friday 1.30pm-3.30pm | *Activity Fee \$140 per term |
| Saturday Social: A friendly and relaxed group enjoying social games, trivia, gentle exercises, creative pursuits and other activities. |  | Saturday 10.00am-12.30pm | *Activity Fee - \$55 per term |

*Activity fees are invoiced once per Term and cover the cost of course related materials, ingredients, entry fees etc. This is an out of pocket cost that is not covered by NDIS or other government subsidies.

Tuition fees also apply and vary depending on participant funding eligibility . On enrolment / enquiry we will assess your eligibility and provide a quote.

To learn more please contact us on **03 9561 7104** or **info@wavlink.org.au**.

Wavlink Program Timetable

| Monday | Tuesday | Wednesday |
|--------------------------------------|-------------------------------------|------------------------------|
| Craft & Chat 9.30am - 12.30pm | Ceramics 9.30am - 12.30pm | Ceramics 9.30am - 12.30pm |
| Make & Bake 9.30pm - 12.30pm | Kitchen Skills 9.30am-12.30pm | Cooking 9.30am - 12.30pm |
| Performing Arts 10.30am - 12.00pm | Garden Social 9.30am - 12.30pm | Literacy 9.30am - 12.30pm |
| Out and About* 9.30am-1.30pm | | |
| Lunch 12.30pm - 1.30pm | | |
| Mosaics 1.30pm - 3.30pm | Print & Paint 1.30pm-3.30pm | Cardmaking 1.30pm-3.30pm |
| Tech Skills 1.30pm - 3.30pm | Independent Living 1.30pm-3.30pm | Tech Skills 1.30pm-3.30pm |
| | | Cooking 4.30pm-6.30pm |



Activity Room



Garden Studio



Computer Room

Jan 22 - 29 June 2024

| Thursday | Friday | Saturday |
|--------------------------------|---|--------------------------------------|
| Ceramics 9.30am- 12.30pm | Jewellery 9.30am-12.30pm | Saturday Social 10.00am - 12.30pm |
| Cooking* 9.30am - 12.30pm | Cooking* 9.30am-12.30pm | Cooking 10am - 12.30pm |
| Tech Skills 9.30am- 12.30pm | Nature Lovers 9.30am-12.30pm | |
| | Advocacy Group Monthly 12.30pm - 1.30pm | |
| Lunch 12.30pm - 1.30pm | | |
| Art 1.30pm-3.30pm | Friday Fun 1.30pm-3.30pm | Crafty Creation 1.00pm-3.00pm |
| Textiles 1.30pm-3.30pm | Tech Skills* 1.30pm-3.30pm | Tech Skills 1.00pm-3.00pm |
| Cooking 4.00pm-6.00pm | | |
| Nightlife* Monthly | | |
| | | *New Classes |



Kitchen



Community



Online

Community Activities

In addition to our weekly programs, Wavlink offers a range of community activities, events and opportunities to get involved.

Community Garden

Do you have a green thumb and a few hours to spare? Help us plant and tend to our community garden beds. Register your interest by contacting us on 9561 7104 or drop in for a chat.



Volunteering

We have a range of volunteering opportunities including tutors assistant, bus driving, admin.

All volunteers must complete an induction process and training. To find out more or to register your interest, contact us.



Friends Of Wavlink

This group meets regularly to participate in fundraising activities from assisting with events to making items for our Market Stall.

If you are interested in joining us please get in contact to find out more.



Community Cafe

Throughout the year Wavlink offers community meals to celebrate different cultural dates of significance, and provide opportunities for people to connect. If you would like to be kept informed of upcoming dates please register your interest to make sure you receive invitations. Everyone is welcome.



New Programs 2024

OUT AND ABOUT

Monday 9.30am-1.30pm

The Out and About group will be exploring Melbourne by bus or by public transport to visit places of interest and enjoy a social outing.



NIGHTLIFE

Monthly social excursions

A great opportunity to connect with others after work and enjoy an evening activity together like bowling, a meal at a restaurant, movies and more.



COOKING

Thursdays and Fridays from 9.30am-12.30pm.

Taking expressions of interest.

Please inform a staff member or email info@wavlink.org.au.



CARERS SOCIAL GROUP

Monthly social events for carers.

Taking expressions of interest.

Please let us know if you are interested in joining other carers over a meal or coffee to network have a chat a share your experiences and knowledge. We will also be offering workshops, and information sessions. with special guest speakers. If you have any specific topics you would like to learn more about or want to be kept informed of upcoming events please let us know.

Contact us on **9561 7104** , email info@wavlink.org.au.

or visit us at **36 Myrtle St, Glen Waverley 3150.**



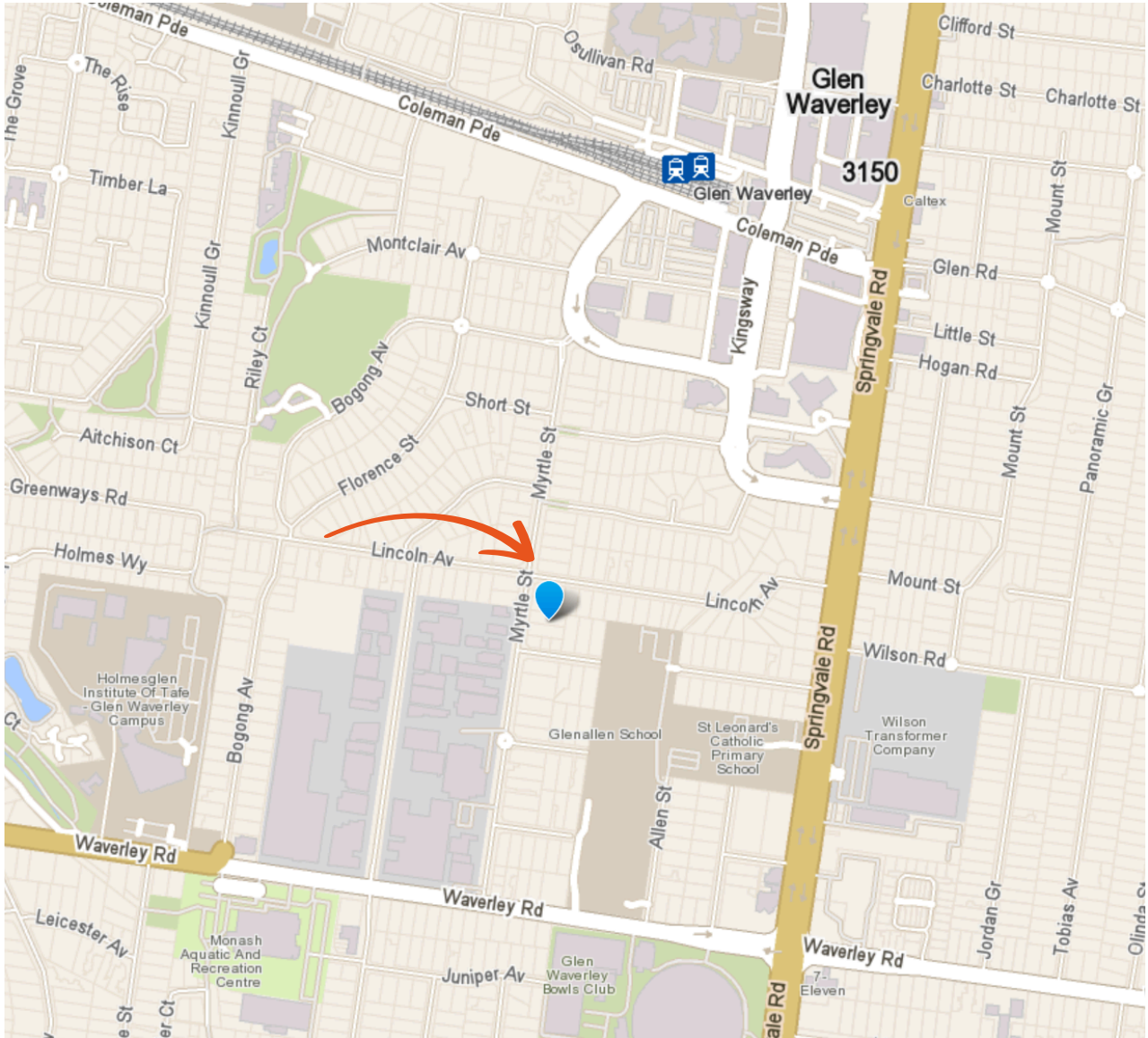
We welcome your suggestions for new programs!

Wavlink 2024 Calendar Dates

| | |
|--------------------|------------------------------------|
| 22 January | First Day Term 1 |
| 26 January | Australia Day - Public Holiday |
| 11 March | Labour Day- Public Holiday |
| 28 March | Last Day of Term 1 |
| 29 March - 1 April | Easter Holidays |
| 15 April | Term 2 Begins |
| 10 June | Kings Birthday - Public Holiday |
| 29 June | Last Day Term 2 |
| 15 July | First Day Term 3 |
| 21 September | Last Day Term 3 |
| 7 October | First Day Term 4 |
| 5 November | Melbourne Cup Day - Public Holiday |
| 14 December | Last Day Term 4 |

Find Us

Activities are based at Wavlink Neighbourhood House close to several public transport routes. 36 Myrtle St, Glen Waverley, 3150



Wavlink does not provide or arrange transport to or from our center. Participants will need to organise taxis or other forms of transport independently or with support from their carer.



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